

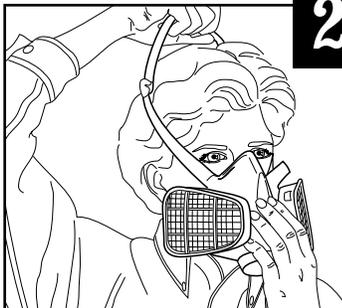
Fitting Instructions for 3M™ Half Facepiece Respirators

Issue Date 06/01/00

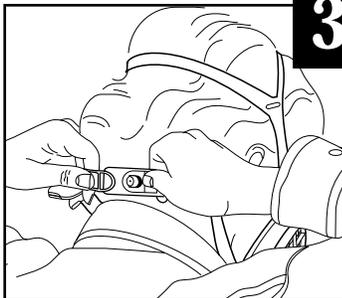
Wearing your elastomeric half facepiece respirator



1 Place the respirator over your nose and mouth with bottom straps unfastened.



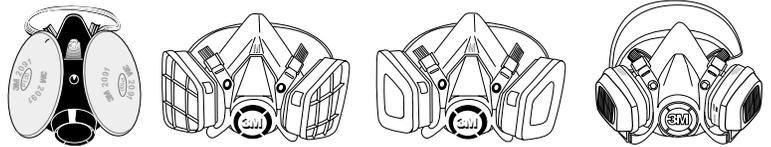
2 Pull the top strap over your head, placing the head cradle on the crown of your head.



3 Hook the bottom straps together behind your neck.



4 Adjust strap tension to achieve a secure fit.

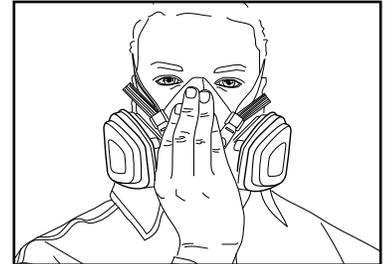


Check the seal of your elastomeric half facepiece respirator each time you don the respirator.



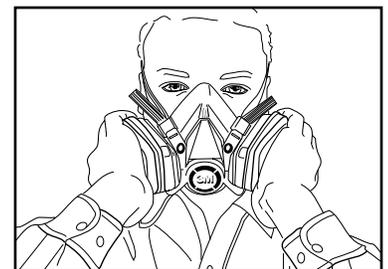
1. Positive Pressure User Seal Check

Place the palm of your hand over the exhalation valve cover and *exhale* gently. The facepiece should bulge slightly. If air leaks between the face and the facepiece of the respirator, reposition it and adjust the straps for a more secure seal. If you cannot achieve a proper seal, **do not** enter the contaminated area. See your supervisor.



2. Negative Pressure User Seal Check

Place your thumbs over the center of the filters and *inhale* gently. The respirator should collapse slightly. If air leaks between the face and the facepiece of the respirator, reposition it and adjust the straps for a more secure seal. If you cannot achieve a proper seal, **do not** enter the contaminated area. See your supervisor.



Place the palms of your hands over the cartridges and *inhale* gently. The facepiece should collapse slightly. If air leaks between the face and the facepiece of the respirator, reposition it and adjust the straps for a more secure seal. If you cannot achieve a proper seal, **do not** enter the contaminated area. See your supervisor.

 <p>⚠ WARNING:</p>	<ul style="list-style-type: none">• Breathing certain dusts, mists, fumes, gases or vapors can cause sickness or death.• This respirator can help protect you when worn during all times of exposure.• If you cannot achieve a proper fit, do not enter the contaminated area. See your supervisor.• See your supervisor with questions regarding which respirator to wear and its proper use, or call 3M: 1-800-243-4630 Internet: www.3M.com/occsafety E-mail: occsafety@mmm.com (In Canada, call 3M: 1-800-267-4414, E-mail: ohes@ca.mmm.com).• OSHA standard 1910.134 and the CSA standard Z94.4-93 requires that the wearer be fit tested.• Do not use with beards or other facial hair or other conditions that prevent a good seal between the face and the face seal of the respirator.
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<p>Technical Assistance U.S. 1-800-243-4630</p> <p>Sales Assistance U.S. 1-800-896-4223</p> <p>Fax On Demand U.S. and Canada 1-800-646-1655</p> <p>Fax On Demand Outside U.S. and Canada 651-732-0131</p> <p>Internet www.3M.com/occsafety</p> <p>E-mail occsafety@mmm.com</p> <p>For other 3M products 1-888-3M HELPS</p> <p>In Canada, contact: 3M Canada Company, OH&ESD P.O. Box 5757 London, Ontario N6A 4T1 1-800-267-4414 or 1-800-265-1840, ext. 6137</p> <p>Internet www.3M.com/intl/CA/ohes.html</p> <p>3M Canada E-mail ohes@ca.mmm.com</p> <p>Technical Assistance In Mexico 01-800-712-0646</p> <p>Technical Assistance In Brazil 0800-550705</p>
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